

## BREAKFAST

9AM - 12PM

|  |      |
|--|------|
| <b>CRAB ON TOAST</b><br>mayo, lime zest, chilli  | 9.0  |
| <b>SALLAKE BREAKFAST</b><br>bacon, sausage, egg, beans, grilled tomato, black pudding, toast       | 12.0 |
| <b>SMOKED SALMON &amp; SCRAMBLED EGG</b><br>roasted cherry tomatoes, chives                        | 11.0 |
| <b>WELSH RAREBIT (v)</b><br>classic cheese, toast, cherry tomatoes                                 | 8.0  |
| <b>EGGS ROYALE ROSTI</b><br>smoked salmon, poached eggs, hollandaise, rocket                       | 10.5 |
| <b>POACHED EGGS &amp; AVOCADO (v)</b><br>chilli flakes, chilli oil                                 | 9.5  |
| <b>GRIDDLED HALLOUMI ON TOAST (v)</b><br>guacamole, cherry tomatoes, honey drizzle                 | 10.0 |
| <b>CELTIC BREAKFAST</b><br>bacon, sausage, egg, cockles, laverbread, grilled tomato, toast         | 12.0 |
| <b>COCKLES, BACON, LAVERBREAD</b><br>Welsh traditional breakfast, toast                            | 11.0 |
| <b>GRANOLA BOWL (v)</b><br>Greek yogurt, berry compote, granola, fresh fruit, coconut, maple syrup | 7.5  |

## TOASTED BAGELS

FROM 9AM

All served in a toasted plain bagel

available to eat in or take away

|   |     |
|---|-----|
| <b>SMOKED SALMON &amp; CREAM CHEESE</b><br>lemon, capers                | 7.5 |
| <b>BACON &amp; BRIE</b><br>red onion chutney                            | 7.5 |
| <b>CRAB MAYO</b><br>lime zest, chilli, rocket                           | 7.5 |
| <b>CHOCOBERRIES (v)</b><br>Nutella, strawberries                        | 7.0 |
| <b>PESTO MELT (vg)</b><br>smoked applewood, basil pesto, tomato, rocket | 7.5 |
| <b>BACON &amp; EGG</b><br>ketchup<br>also available as sandwich         | 7.5 |

## SANDWICHES

FROM 12PM

All served on granary bloomer bread

available to eat in or take away

|   |     |
|---|-----|
| <b>SMOKED SALMON &amp; CREAM CHEESE</b> | 8.0 |
| <b>PRAWN MARIE ROSE</b>                 | 7.5 |
| <b>FISH FINGER &amp; TARTARE</b>        | 8.0 |
| <b>CRAB MAYO</b>                        | 8.0 |
| <b>TUNA &amp; RED ONION</b>             | 7.5 |
| <b>BLT</b>                              | 7.5 |

## SIDES

FROM 12PM

|                                     |     |
|-------------------------------------|-----|
| <b>POMMES FRITES</b>                | 3.5 |
| <b>PADRON PEPPERS</b>               | 4.0 |
| <b>CHUKA WAKAME SESAME SEAWEED</b>  | 4.0 |
| <b>CORN ON THE COB</b>              | 3.5 |
| <b>ROCKET, LEMON &amp; PARMESAN</b> | 4.0 |

## SMALL PLATES

FROM 12PM

available to eat in or take away

**DUO COMBO** 16.5  
pick any two small plates, with frites

|  |     |
|--|-----|
| <b>PLAICE GOUJONS</b><br>tartare sauce, lemon                                  | 7.5 |
| <b>CRISPY CHILLI PRAWNS</b><br>Asian dipping sauce                             | 7.5 |
| <b>WHITEBAIT</b><br>tartare sauce, lemon                                       | 7.5 |
| <b>YAKITORI CHICKEN SKEWERS</b><br>marinated chicken, miso sauce               | 8.0 |
| <b>CALAMARI</b><br>aioli, lemon  | 7.5 |
| <b>CRAB LOADED DIRTY FRITES</b><br>cheese, spring onions, seasoning, coriander | 8.0 |
| <b>PRAWN PIL PIL</b><br>crushed garlic & chilli, olive oil, parsley, sourdough | 9.0 |
| <b>DUCK BON BONS</b><br>spring onions, hoisin                                  | 7.5 |
| <b>FAKE 'O' FISH (vg)</b><br>plant based goujons, lemon wedge                  | 7.5 |

## BIG PLATES

FROM 12PM

|  |      |
|--|------|
| <b>KING PRAWN PUTTANESCA</b><br>linguini, tomatoes, chilli, olives, anchovies            | 17.0 |
| <b>SCAMPI</b><br>frites, lemon, tartare sauce  | 16.0 |
| <b>CRAB, MASCARPONE &amp; DILL RAVIOLI</b><br>samphire, lemon caper butter, Parmesan     | 17.0 |
| <b>CHICKEN KATSU CURRY</b><br>breaded chicken, boiled rice, Katsu sauce, chuka wakame    | 15.0 |
| <b>SMOKED CREVETTES</b><br>white wine & garlic butter, parsley, frites                   | 18.0 |
| <b>SURF &amp; TURF</b><br>6oz ribeye, king prawn skewer, garlic butter, frites           | 25.0 |
| <b>PERI PERI CHICKEN</b><br>boneless thighs, spiced rice, buttered corn on the cob, lime | 16.0 |
| <b>SEAFOOD BASKET</b><br>squid, prawns, cod, frites, aioli & sweet chilli dip            | 15.0 |
| <b>BURGER</b><br>double beef patty, bacon, cheese, rocket, tomato, frites                | 15.0 |
| <b>PRAWN AND AVOCADO SALAD</b><br>mixed leaves, Marie Rose sauce, lemon                  | 13.0 |
| <b>HALLOUMI RICE BOWL (v)</b><br>spicy rice, rocket, buttered corn on the cob            | 14.0 |

## KIDS MEALS

FROM 9AM

All served with frites

available to eat in or take away

|                                   |     |
|-----------------------------------|-----|
| <b>BEANS ON TOAST (v)</b>         | 5.0 |
| <b>SCRAMBLED EGG ON TOAST (v)</b> | 5.0 |
| <b>PLAICE GOUJONS</b>             | 6.0 |
| <b>CHICKEN GOUJONS</b>            | 6.0 |
| <b>VEGAN NUGGETS (vg)</b>         | 6.0 |

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please advise a member of staff to liaise with the chefs before ordering. Dishes containing fish may contain small bones.

## DRAUGHT

|                   | 2/3 | PINT |
|-------------------|-----|------|
| ASAHI             | 4.5 | 6.0  |
| ATLANTIC PALE ALE | 3.8 | 5.5  |
| ASPALE CYDER      | 3.8 | 5.5  |

## BOTTLES

|             |     |
|-------------|-----|
| CORONA      | 4.0 |
| PERONI      | 4.5 |
| ASAHI 0%    | 3.5 |
| REKORDERLIG | 6.5 |

## BACK BAR

|                      | 25ml | 50ml |
|----------------------|------|------|
| ABSOLUT VODKA        | 3.0  | 5.0  |
| TANQUERAY LONDON DRY | 3.0  | 5.0  |
| PORTHCAWL GIN        | 4.2  | 6.2  |
| Welsh Dry Gin        |      |      |
| Rhubarb & Ginger     |      |      |
| Apple & Elderflower  |      |      |
| JACK DANIELS         | 3.0  | 5.0  |
| APEROL               |      | 5.5  |
| LIMONCELLO           | 3.0  | 5.0  |
| BACARDI BLANCO       | 3.0  | 5.0  |
| KRAKEN               | 4.5  | 6.5  |
| DISARONNO            | 3.0  | 5.0  |
| BARTI RUM            | 3.5  | 5.5  |

## HOT DRINKS

|                 |     |
|-----------------|-----|
| AMERICANO       | 3.3 |
| CAPPUCCINO      | 3.7 |
| ESPRESSO        | 2.8 |
| DOUBLE ESPRESSO | 3.5 |
| FLAT WHITE      | 3.7 |
| CAFFÈ LATTE     | 3.9 |
| CAFFÈ MOCHA     | 3.9 |
| TRADITIONAL TEA | 2.8 |
| HOT CHOCOLATE   | 3.9 |

[saltlakeseafood.co](http://saltlakeseafood.co)

## SPRITZ COCKTAILS

|                                  |     |
|----------------------------------|-----|
| APEROL SPRITZ                    | 8.0 |
| Aperol, Prosecco, soda, orange   |     |
| LIMONCELLO SPRITZ                | 8.0 |
| Limoncello, Prosecco, soda, mint |     |
| ELDERFLOWER SPRITZ               | 8.0 |
| St Germain, Prosecco, soda, lime |     |

## DRAUGHT SOFT

|           | dash | 2/3 | PINT |
|-----------|------|-----|------|
| COKE      | 0.5  | 2.2 | 3.0  |
| DIET COKE | 0.5  | 2.0 | 2.8  |
| LEMONADE  | 0.5  | 2.2 | 3.0  |

## SOFT DRINKS

|                         |     |     |
|-------------------------|-----|-----|
| SANPELLEGRINO LIMONATA  | 2.0 |     |
| SANPELLEGRINO ARANCIATA | 2.0 |     |
| GINGER BEER             | 2.2 |     |
| RIBENA                  | 2.5 |     |
| CAN WATER               | 2.0 |     |
| Still, Spakling         |     |     |
| SCHWEPPE'S TONIC        | 2.2 |     |
| FEVER TREE              | 2.5 |     |
| FRESH ORANGE JUICE      | 3.0 | 4.3 |

See our drinks fridge for full can and bottle selection

## WINE

|                        | 175ml | 250ml | bottle |
|------------------------|-------|-------|--------|
| WHITE WINE             |       |       |        |
| SAUVIGNON BLANC        | 5.1   | 7.2   | 20.0   |
| ALBARIÑO               | 6.5   | 9.2   | 26.0   |
| ROSE WINE              |       |       |        |
| PINOT GRIGIO BLUSH     | 5.1   | 7.2   | 20.0   |
| MINUTY                 |       |       | 43.0   |
| RED WINE               |       |       |        |
| GRANACHA               | 5.1   | 7.2   | 20.0   |
| PINOT NOIR             | 6.5   | 9.2   | 26.0   |
| SPARKLING              |       |       |        |
| PROSECCO BOTTLE (20cl) |       |       | 9.0    |
| PROSECCO (75cl)        | 6.5   |       | 26.0   |
| LAURENT PERRIER        |       |       | 65.0   |
| LAURENT PERRIER ROSÉ   |       |       | 95.0   |

all wines that are available by glass are also available in 125ml measures.